AdvaClear® supports daily detoxification for optimal vitality and health. This formula provides methylated B12 and folic acid along with bifunctional support designed to enhance the activities of several liver detoxification enzymes while promoting balanced activity of Phase I and Phase II detoxification pathways.* Promotes overall well-being by supporting balanced detoxification.* Provides antioxidant protection against reactive oxygen intermediates produced during the detoxification process.*

Serving Size:

1 Capsule†

Ingredient	Amount	Daily Value
Vitamin A [67% (833.33 IU) as beta-carotene†† and 33% (416.67 IU) as retinyl palmitate	1250 IU	25%
Vitamin C (as ascorbic acid)	66.67 mg	111%
Vitamin D (cholecalciferol)	16.67 IU	4%
Vitamin E (as d-alpha tocopheryl succinate and mixed tocopherols)	33.33 IU	111%
Thiamin (as thiamin mononitrate)	5 mg	333%
<u>Riboflavin</u>	2.5 mg	147%
Niacin (as niacinamide and niacin)	11.67 mg	58%
<u>Vitamin B₆ (as pyridoxine HCI)</u>	8.33 mg	417%
Folate (as calcium L-5-methyltetrahydrofolate†††)	134 mcg	34%
Vitamin B ₁₂ (as methylcobalamin)	16.7 mcg	278%
<u>Biotin</u>	33 mcg	11%
Pantothenic Acid (as d-calcium pantothenate)	16.67 mg	167%
Zinc (as zinc citrate)	3.33 mg	22%
Selenium (as selenomethionine)	25 mcg	36%

Copper (as copper citrate)	0.33 mg	17%
Manganese (as manganese citrate)	0.83 mg	42%
Molybdenum (as molybdenum aspartate)	33 mcg	44%
Silymarin (from milk thistle seed extract, Silybum marianum)	25 mg	*
<u>Catechins</u>	16.67 mg	*
Epigallocatechin Gallate (EGCG) (from decaffeinated green tea leaf, <u>Camellia sinensis</u>)	11 mg	*
Artichoke (Cynara scolymus) Leaf Extract (containing cynarin and chlorogenic acid)	83.33 mg	*
Watercress (Nasturtium officinale) Whole Plant 4:1 Extract	66.67 mg	*
Ellagic Acid (from pomegranate whole fruit extract, Punica granatum)	16.67 mg	*
N-Acetylcysteine	33.33 mg	*
Sodium Sulfate	50 mg	*
<u>Taurine</u>	58.33 mg	*
<u>Choline</u>	33.33 mg	*

Other Ingredients: Capsule (hydroxypropylmethylcellulose), choline bitartrate (hydrogenated soybean oil encapsulate), magnesium stearate (vegetable), and silica

Directions: Use as directed by your healthcare practitioner.

Warning: Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 5000 IU of preformed vitamin A (retinyl palmitate) per day.

Caution: If pregnant or nursing, or taking medication, consult your healthcare practitioner before use.

Formulated to Exclude: Wheat, gluten, soy, dairy products, egg, nuts, tree nuts, fish, crustacean shellfish, colors, artificial sweeteners, and preservatives.

This product is Gluten Free.

Keep tightly closed in a cool, dry place.

†Also known as special extract ERr 731 of Siberian rhubarb root. - See more at: http://www.metagenics.com/mp/products/advaclear#sthash.EPQCHE6P.dpuf