

UltraClear RENEW™ is a medical food formulated to provide specialized nutritional support to help address altered pain signaling and neuromuscular function in patients with fibromyalgia. UltraClear RENEW is designed for individuals who may benefit from additional support for detoxification function, and features an array of nutrients in a low-allergen-potential rice protein base to support Phase II liver detoxification. In preliminary research with a small number of fibromyalgia patients with dental amalgams, administration of UltraClear RENEW was associated with significant decreases in FIQ (Fibromyalgia Impact Questionnaire) scores, including pain and stiffness. Helps to address altered pain signaling. Designed to support healthy Phase I and Phase II liver detoxification function. Supports healthy neuromuscular function.

Serving Size:

About 2 scoops (37 g)

Ingredient	Amount	Daily Value
Calories	150	
Total Fat	3 g	
<a href="#">Saturated Fat</a>	1 g	
<i>Trans</i> Fat	0 g	
Cholesterol	0 mg	
Sodium	220 mg	
Potassium	520 mg	
Carbohydrate	20 g	
Dietary Fiber	3 g	
Sugars	9 g	
Protein	12 g	
<a href="#">Vitamin A (as beta-carotene)</a>	4000 IU	80%
<a href="#">Vitamin A (as retinyl palmitate)</a>	1000 IU	20%

<a href="#">Vitamin C</a>	300 mg	500%
<a href="#">Calcium</a>	150 mg	15%
<a href="#">Iron</a>	1 mg	6%
<a href="#">Vitamin D</a>	35 IU	8%
<a href="#">Vitamin E</a>	42 IU	140%
<a href="#">Thiamin</a>	2 mg	130%
<a href="#">Riboflavin</a>	2 mg	120%
<a href="#">Niacin</a>	7 mg	35%
<a href="#">Vitamin B<sub>6</sub></a>	3.4 mg	170%
<a href="#">Folic acid</a>	80 mcg	20%
<a href="#">Vitamin B<sub>12</sub></a>	3.6 mcg	60%
<a href="#">Biotin</a>	135 mcg	45%
<a href="#">Pantothenic Acid</a>	36 mg	360%
<a href="#">Phosphorus</a>	230 mg	25%
<a href="#">Iodine</a>	53 mcg	35%
<a href="#">Magnesium</a>	160 mg	40%
<a href="#">Zinc</a>	10 mg	70%
<a href="#">Copper</a>	1 mg	50%
<a href="#">Manganese</a>	1 mg	50%
<a href="#">Chromium</a>	50 mcg	40%

<u>Chloride</u>	460 mg	15%
<u>Proprietary Spent Hops (&lt;em&gt;Humulus lupulus&lt;/em&gt;) Powder</u>	1000 mg	*
<u>L-Glycine</u>	800 mg	*
<u>L-Alanine</u>	350 mg	*
<u>L-Threonine</u>	250 mg	*
<u>DL-Methionine</u>	140 mg	*
<u>L-Lysine</u>	135 mg	*
<u>Prune (&lt;em&gt;Prunus domestica&lt;/em&gt;) Skin Extract</u>	125 mg	*
<u>L-Glutamine</u>	125 mg	*
<u>L-Cysteine</u>	100 mg	*
<u>L-Tyrosine</u>	100 mg	*
<u>Watercress (&lt;em&gt;Nasturtium officinale&lt;/em&gt;) Whole Plant Extract</u>	67 mg	*
<u>Ellagic Acid [from pomegranate (&lt;em&gt;Punica granatum&lt;/em&gt;) Whole Fruit Extract]</u>	50 mg	*
<u>Sulfate (magnesium sulfate)</u>	20 mg	*
Catechins (from decaffeinated green tea extract)	15 mg	*

**Other Ingredients:** Rice protein concentrate

, rice syrup solids, fructose, natural flavors, magnesium citrate, proprietary spent hops powder (*Humulus lupulus*), partially hydrolyzed guar gum, dipotassium phosphate, olive oil, medium chain triglycerides, L-glycine, sodium chloride, calcium citrate, ascorbic acid, L-alanine, potassium citrate, L-threonine, magnesium chloride, L-lysine HCl, silica, DL-methionine, pomegranate extract, L-cysteine HCl, L-glutamine, prune skin extract, L-tyrosine, zinc gluconate, d-alpha tocopheryl acetate, watercress extract, decaffeinated green tea extract, D-calcium pantothenate, magnesium sulfate, vitamin A (beta-carotene),

retinyl palmitate), niacinamide, copper gluconate, pyridoxine HCl, thiamin HCl, riboflavin, chromium polynicotinate, biotin, folic acid, potassium iodide, cyanocobalamin, and cholecalciferol

**Directions:** Blend, shake, or briskly stir about 2 level scoops (37 grams) of UltraClear RENEW into 8 ounces of chilled water or juice twice daily or as directed by your healthcare practitioner. For highly sensitive individuals, consider reducing consumption to 1/2 to 1 scoop with 4 to 5 ounces of chilled water or juice twice daily during the first 3 to 4 days before starting a full daily dose.

**Warning:** Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 5000 IU of preformed vitamin A (retinyl palmitate) per day.

**Caution:** Do not use if pregnant or nursing. Not recommended for individuals taking anticoagulant medications.

**Formulated to Exclude:** Wheat, gluten, soy, dairy products, egg, nuts, tree nuts, fish, crustacean shellfish, colors, artificial sweeteners, and artificial flavors.

**This product is Gluten Free.**

Do not use if safety seal is missing or broken.

†Range of 1,400 mg-1575 mg

- See more at: <http://www.metagenics.com/mp/medical-foods/ultraclear-renew#sthash.cP34TeiJ.dpuf>